

THE DREAMER AND THE FANTASY RELATIONSHIP BY NATALIE LUE



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Most people if asked, would deny that they'd ever had a fantasy relationship as they are associated with pretending to be with someone or in something that's non-existent, however, it's time for you to change what you think you know.

In this modern age of texts, email, Facebook, online dating, and casual relationships, it's never been so easy to find yourself in a crumb filled fantasy relationship. An increasing number of people are satisfied with sprinklings of attention and interaction which they use to give themselves the illusion of being loved, cared for and in control because they get to avoid commitment, intimacy, and 'full-on' rejection.

The Dreamer and the Fantasy Relationship is for every woman who's been caught short by their overactive imagination and their great expectations.

Struggled to get over a relationship that didn't truly exist?

Don't understand how you wound up spending years with someone you hardly see?

Keep letting your assumptions and projections run away with you?

It's time to come back down to earth and face reality so you can take action in your present, face your real future, and get happy.

Acting as a companion guide to Mr Unavailable and the Fallback Girl, the no holds barred 'bible' for understanding excuse filled, commitment dodging, unavailable men and the women that they fall back on for an ego stroke, shag, and a shoulder to lean on, I wanted to introduce a new role due to the sheer number of emails and comments I receive from women who actually believe that the crumbs that they're receiving, particularly via cheap talk, grand promises, texts, email and Facebook are a relationship or 'love'.

You'll know you need to read this if:

You're an Escapist, dissatisfied with your current relationship, mentally checking out, complaining about your expectations not being met, and even starting an affair with someone else.

You're a Crusher, 'loving' and admiring someone from a distance that puts you in that unreciprocated feelings setting.

You're a Virtual, spending too much time surfing dating sites, relying on the written word and getting high off the buzz of a text or email coming through.

You're a Tabber, angry, hurt and feeling rejected because your relationship is over so regaining a sense of

control by devoting your time and energy to tracking your ex via social networking and poking around in his life.

The Dreamer and the Fantasy Relationship explains how fantasy relationships work, why they're so attractive, the types of fantasy relationship and Mr Unavailable that you're likely to be involved with, and provides practical tips and tools for breaking the habit and tackling issues such as rejection avoidance, and fear of abandonment, criticism and conflict. Delivered with a my no-fluff dose of reality and plenty of humour, I want to empower you to let go of the illusions so that you can be available for an available relationship in the real world.

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0 of 0 people found the following review helpful.

Realistically put together to wake you up out of your ...

By n.buggs

Realistically put together to wake you up out of your fantasy world. Would give it 10 atars.

24 of 25 people found the following review helpful.

Helped me so much!

By Amazon Customer

I stumbled on this book at just the right time. I've been living in my mind (constant daydreaming, fantasizing, etc.) since a traumatic event in my childhood. I didn't realize, that as the years went by, it was becoming more frequent and negatively effecting my real life. When relationships ended, to avoid the pain, i kept the relationships going in my head. It's supposed to be a pleasant escape but in REALITY i was letting this fantasy eat away at me. Mrs. Lue helped me see that i have been taking a few good qualities about someone and then letting my fantasy make them into this perfect person. When this "perfect" person rejects me i of course feel worthless. Truth is in reality these people i pine for aren't even worth my affection. Natalie Lue is teaching me how to WAKE UP and see, think and act realistically when it comes to love and loving myself. I recommend this book to everyone. Maybe most people don't dream as much as i do but thanks to Disney and romantic films, i think most of us have a false sense of reality when it comes to love.

9 of 9 people found the following review helpful.

For Anyone With an Online Romance

By J. Robbins

After a couple of abusive relationships, I now have a better understanding of the pitfalls I stumble into. I found this book at just the right time. I was looking for a stable relationship with someone who could love me, help me feel safe and happy. I thought I found that in a person I met through an online game. We texted, emailed and even talked on the phone. After a medical diagnosis, he just disappeared. It broke my heart because I thought we were great friends and now he wouldn't answer my calls, return texts or emails. I didn't understand why he would disappear when I needed a friend the most. With the help of this book, I realize he

wasn't the person I was hoping he was. I realize that I can make myself happy with someone that I can meet and someone that is willing to live with me in reality instead of all the "some day's" or "when's". Although it is difficult, with the help and advice in this book, I'm moving on. I know that by the time I feel better physically that I will be much stronger emotionally, mentally and spiritually.

If you find yourself "crushing" on an unavailable person, co-worker or you think you've met the perfect guy online, find yourself selling yourself short while you let someone else use your time to decide what you should do ... this book is for you. It won't be an automatic fix and will require some change inside yourself, after all ... if we aren't willing to change, we will fall into the same traps and pitfalls.

I know some have commented on the poor spelling and grammar, but if you need the help enough it shouldn't be a bother. I also enjoy well written grammar with correct spelling, but I think fixing me is far more important.

See all 41 customer reviews...

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