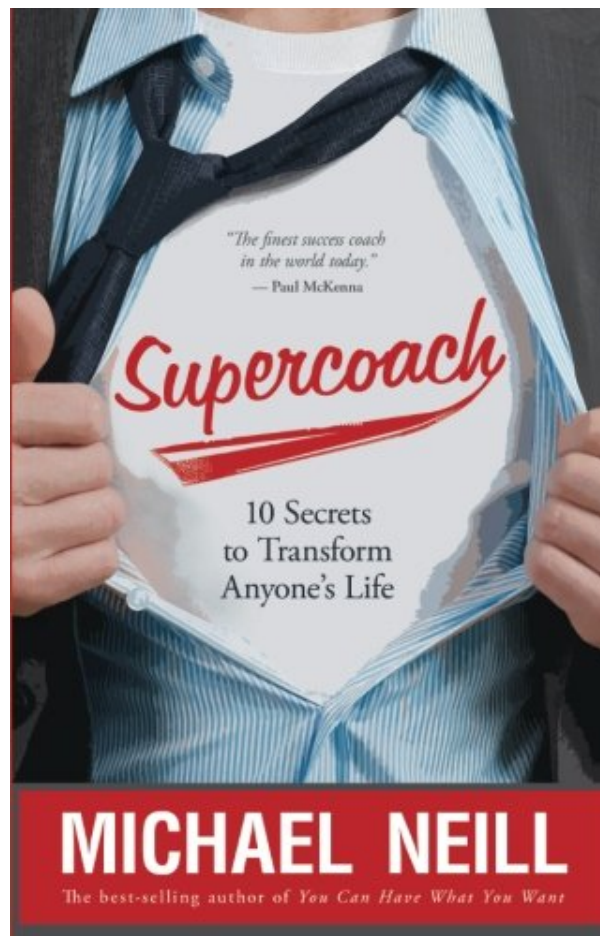
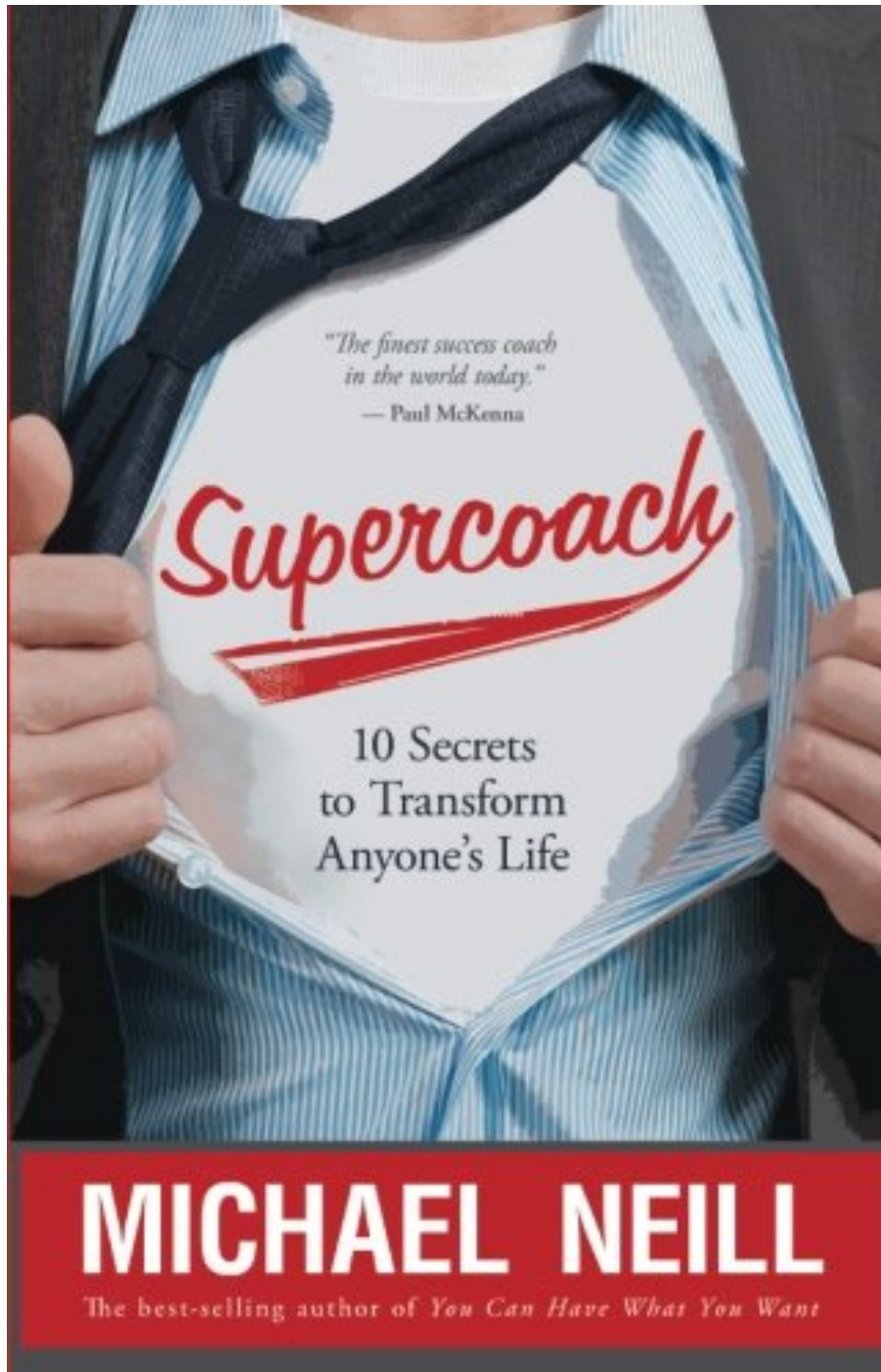


SUPERCOACH: 10 SECRETS TO TRANSFORM ANYONE'S LIFE BY MICHAEL NEILL



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Review

The finest success coach in the world today -- Paul McKenna Michael has completely outdone even himself with this book. This is simply one of the best self-help books I've ever read and certain to be a classic for years to come. Michael's words go straight to the heart. By reading this book, you will feel lighter, more joyful, more able to enjoy this life in this moment. -- Jennifer Loudon Author of The Life Organizer and The Woman's Comfort Book I just completed Supercoach a week or so ago for the first time and I just finished rereading it this morning. This book is one of the best, if not the best book on coaching that I have ever read. What is so interesting about Supercoach is that you do not need to be a coach to benefit from reading it- you simply need to be alive. It is 252 pages of pure written gold. The stories, exercises and 'in a nutshell' summaries are simply powerful and this book will be a gift to so many. -- Steve Hardison www.theultimatecoach.net

About the Author

Michael Neill is an internationally renowned success coach and the best-selling author of You Can Have What You Want, Feel Happy Now!, and the Effortless Success audio program. He has spent the past 18 years as a coach, advisor, friend, mentor, and creative spark plug to celebrities, CEOs, royalty, and people who want to get more out of their lives. His books have been translated into eight languages, and his public talks and seminars have touched and transformed lives at the United Nations and on five continents around the world. He hosts a weekly talk show on HayHouseRadio.com®, and his daily and weekly coaching columns can be read on his website.

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IF SUPERMAN NEEDED A COACH, HE'D HIRE MICHAEL NEILL! In this fun, easy-to-read book, best-selling author and internationally renowned success coach Michael Neill shares the secrets of transforming your life and the lives of the people you care about most—your family, friends, colleagues, and clients. Inside, you will learn:· How to stop thinking like a victim· The secret to financial security in any economy· Proven techniques to produce dramatic changes in yourself and others· Simple ways to create lasting relationships· The key to lifelong happiness· Strategies for increasing productivity, energy, well-being . . . and more! Whether you want to powerfully impact the lives of the people around you or simply wish to create a deeper, more meaningful experience of being alive, this book is your essential guide to helping yourself and assisting others.

- Sales Rank: #67593 in Books
- Published on: 2010-03-15
- Released on: 2010-03-15
- Original language: English
- Number of items: 1
- Dimensions: 8.38" h x .72" w x 5.38" l, .72 pounds
- Binding: Paperback
- 288 pages

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The finest success coach in the world today -- Paul McKenna Michael has completely outdone even himself with this book. This is simply one of the best self-help books I've ever read and certain to be a classic for years to come. Michael's words go straight to the heart. By reading this book, you will feel lighter, more joyful, more able to enjoy this life in this moment. -- Jennifer Loudon Author of *The Life Organizer* and *The Woman's Comfort Book* I just completed *Supercoach* a week or so ago for the first time and I just finished rereading it this morning. This book is one of the best, if not the best book on coaching that I have ever read. What is so interesting about *Supercoach* is that you do not need to be a coach to benefit from reading it- you simply need to be alive. It is 252 pages of pure written gold. The stories, exercises and 'in a nutshell' summaries are simply powerful and this book will be a gift to so many. -- Steve Hardison www.theultimatecoach.net

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76 of 76 people found the following review helpful.

The Best Self-Coaching Guide You Will Find

By StarLight

Seriously. This book is the best if you want to motivate yourself to be better in all aspects of your life. It can really change the way you think and act. If you follow the activities in each chapter, you will quickly see change in your day to day life. The main points that you will take out of reading this book are:

1. The world is what you think it is.
2. Well being does not come from what you do; it is the essence of what you are.
3. There is nowhere to get to.
4. What you decide will never impact your life as much as how you handle the consequences of that decision.
5. Every emotion you experience is a direct result of a thought, not the world around you.
7. You create other people by how you listen to them.
8. You can ask anyone for anything when you make it okay with them saying "no".
9. Everything you do (or don't do) is a choice.
10. Clarity, structure, and boldness underpin every time-management system in the world.

Even though I have outlined the main points, it is truly worth reading the book. It is very well written, funny and uplifting.

43 of 44 people found the following review helpful.

This is way beyond a book on coaching

By Srikumar S. Rao

Every once in a while you come across a book that can transform your life - every once in a loooooong while. This is one such book. On the face of it, this seems unlikely since the production quality is bad and the layout is not very appealing. But please do go beyond getting hung up on this because what is inside is pure gold.

On a superficial level this is a book by a successful coach who will help you become successful yourself by giving you a set of tools that really work. On this level it delivers well. But there is a deeper level. At this level, it changes how you view the world and actually becomes a vehicle for profound personal transformation. For example, in one of the chapters he talks about how you should strive to have an average day. There is method behind his madness. If you always strive to be exceptional and have a super day and every one tries to do the same then what is exceptional and super today quickly becomes commonplace and the level of stress goes up exponentially. If, on the other hand, you define what you would consider an average day in terms of what you want to accomplish in reaching your goals and actually do what that entails, you will quickly realize that you are producing 6 sigma results with little stress and much joy. On a deeper level, which he does not explicitly mention but the discerning reader can pick up, trying for an average day is a tool for subjugating the ego which is a necessity for spiritual progress and proclaimed so in many traditions.

This is true of every chapter. There are multiple layers, like an onion, and you get to decide how many layers you will peel. I suspect that if you read it again, you will discover more layers on your own. Like Alice, you get to decide how deep you want to go down the rabbit hole.

This is not a book to be read. It is a work to be experienced. If you get it and do the exercises and follow the tips, you will not be the same person who started on the journey and will be much more at peace with yourself.

I know how effective what he prescribes is because I have been using similar exercises in my programs for decades. Check out my syllabus at [...]

47 of 49 people found the following review helpful.

creating changes within you and first of all transforming your life

By Anja

This book is amazing and the third I read from Michael. Again it is a great mixture of stories, tips, experiments to explore for yourself and the really joyful experience of reading this book and enjoying the smiles this book will inevitable bring to your face. If you are looking for an oh-so-serious-and-you-have-to-work-on-yourself-very-hard-book you might be disappointed for this book is simply fun! You'll be transformed and will have fun while doing so. It is effortless! In session one you are asked to write down some of your beliefs around life, yourself, people, money and happiness. I am still amazed about how profoundly these beliefs were changed after reading this book and it simply didn't feel like working but like having fun!

For me each of the ten sessions had the right length so I could read them easily and follow along with the experiments. I loved doing them and share them with friends. The style of writing is wonderful! It's just as if you were sitting in opposite chairs and had a long meaningful conversation. I love it and keep coming back to it to re-read certain pages or re-do certain experiments and find renewed inspiration or/and feeling as if I understand sessions more deeply. I am glad it transformed my life and I can already see the infectious way happiness is spreading within the circle of my friends! And that's great to see! Thanks for this amazing book!

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Based on some encounters of lots of people, it remains in truth that reading this **Supercoach: 10 Secrets To Transform Anyone's Life By Michael Neill** could help them to make better option and also offer more encounter. If you intend to be one of them, allow's purchase this publication Supercoach: 10 Secrets To Transform Anyone's Life By Michael Neill by downloading guide on link download in this site. You can obtain the soft documents of this book Supercoach: 10 Secrets To Transform Anyone's Life By Michael Neill to download as well as put aside in your available digital tools. What are you awaiting? Let get this publication Supercoach: 10 Secrets To Transform Anyone's Life By Michael Neill on the internet and read them in whenever as well as any place you will check out. It will certainly not encumber you to bring hefty book Supercoach: 10 Secrets To Transform Anyone's Life By Michael Neill inside of your bag.

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