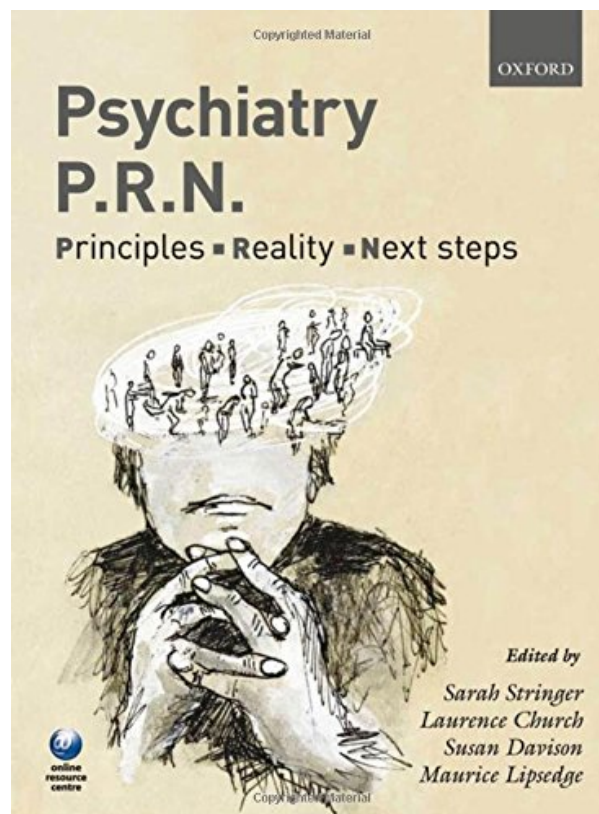


PSYCHIATRY PRN: PRINCIPLES, REALITY, NEXT STEPS FROM OXFORD UNIVERSITY PRESS



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Review

"I think [Reality is] a very good section . . . these sort of things are often not taught and it is important to point out the pitfalls for students of poor approaches to patients . . . [The book] Compares very well. Its uniqueness is the Reality and Next Steps sections. These are very useful and not available in other texts that I have seen." ' (Dr Gill McGauley, Lead for Undergraduate Psychiatry, St George's Medical School, University of London)

About the Author

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Psychiatry PRN contains core content for psychiatry education, but gives prominence to clinical and practical skills, as well as exam preparation. PRN is a Latin medical acronym meaning Pro Re Nata (as required). These letters also inform the structure of the book into the parts: Principles, Reality, and Next Steps.

Each of the main chapters open with Principles, which cover the key characteristics of a psychiatric condition. This is the typical ground of textbooks, and this book covers all the necessary ground as concerns undergraduate learning outcomes, but is arguably more succinct than standard works on the subject. Nevertheless, illustrations and the careful use of pedagogic features (prominence given to key facts, tips, and points of reflection, as well as effective use of tables) lift even this most standard area of coverage.

The Reality section is where the book begins to really distinguish itself, with a practical articulation of clinical skills for the novice. This involves sample dialogue which might form part of the psychiatric interview, which bravely, yet skillfully reflects the reality which patients present, and the difficulties often encountered by medical students. The content in this section includes a general approach (Tips, Tricks, and Cautionary Tales), leading to a sample interview, moving on to indicative stations for Objective Structured Clinical Examinations (OSCEs).

The Next Steps section puts psychiatry into the context of early working life as a doctor, and highlights where psychiatric considerations overlap with medical and surgical management, as exemplified by scenarios dealing with capacity to consent to treatment.

Psychiatry PRN exists to enable students to engage with psychiatry. In addition to the framework described above, the book is rich in illustrative content, be that an original impressionistic picture of a condition, or an allusion to contemporary cultural representations of mental health and illness, to which students may relate, albeit if they haven't previously encountered psychiatric disease. To catalyze this process, the book opens with Vincent Van Gogh as its first patient, and continues in a vivid, humane fashion to prepare the student for the typical content of undergraduate psychiatry, with particular flair in terms of practical interactions with patients and associated assessment.

- Sales Rank: #3768129 in Books
- Published on: 2009-05-25
- Original language: English
- Number of items: 1
- Dimensions: 7.50" h x .50" w x 10.30" l, 1.35 pounds
- Binding: Paperback
- 256 pages

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Most helpful customer reviews

2 of 2 people found the following review helpful.

Truly the Best

By Amazon Customer

Where was this book when I was training in mental health all those years ago? It is difficult to know where to begin in reviewing this book and at the same time avoid hyperbole. But, really, this book is magnificent. Each section is laid out with a different aspect of mental illness. Each mental illness is taken through step by step so the practitioner is able to make a diagnosis and subsequent treatment plan. Each section has different presentation and learning forms (pictures, hint boxes and others) that allows the reader as much depth as needed for first reading or prompts for revision reading.

This book is not just for medical practitioners but all allied mental health workers - nurses, OT's, social workers and psychologists. It contains a wealth of knowledge that is simply (not simplistic as many of the points are quite complex) vital to the mental health worker.

During Dr Stringers recent Australian tour I was lucky enough to be able to speak with her about her psychiatric practice and to hear first-hand her interaction with a patient. She is a true professional with an enormity of caring for those she comes in contact with and a passion for her profession and teaching. I hope this is not the first and last contribution that Dr Stringer will make to the corpus of psychiatric knowledge - we wait for the next.

2 of 2 people found the following review helpful.

Psychiatry P.R.N. reviewed

By Dr Mel

This is a wonderful text book aimed at medical students and junior psychiatry trainees. It is clearly set out and easy to follow. Although written by a diverse number of authors, the style is consistent throughout. The information is targeted at acquiring a good solid base of knowledge in psychiatry, but also at success in exams. There is fabulous art reproduced in each chapter specifically to help learn and memorise information, with notable quotes and references to film and literature allowing information to be put into the broad context of everyday life and experience. The book makes learning an interesting and memorable experience, especially for those who learn visually. I recommend it very highly to all aspiring doctors and psychiatrists.

1 of 1 people found the following review helpful.

Fascinating read, even if you're not studying Psychiatry!

By Amazon Customer

Dr. Stringer and Co. have put together a wonderful book that easily outshines the normally dry textbooks on this subject. They have made it easy to understand, fascinating, and I dare say, entertaining. Highly recommended, even for the non-student!

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